

# YOU ARE NOT ALONE.

*The mission of Sturbridge Opioid Support (SOS) is to provide to the people of Sturbridge access to a network of addiction and recovery resources and promote awareness of the dangers of all substance abuse while destigmatizing addiction and associated mental health issues. SOS is primarily an informational resource with a secondary goal of providing prevention programming and connecting those who struggle (and their family members) to people and organizations who may assist them.*

[www.sturbridge.gov/sos](http://www.sturbridge.gov/sos)

Help is here.



Visit the Sturbridge Opioid Support resource page at:

[sturbridge.gov/sos](http://sturbridge.gov/sos)

Sturbridge Public Safety Complex  
**508-347-2525**

# ADDICTION *Providing the people of Sturbridge* and RECOVERY *access to a network of addiction and recovery* RESOURCE *resources and prevention programming* GUIDE



**Sturbridge Opioid Support**

*Connecting to Resources, Increasing Awareness*

[sturbridge.gov/sos](http://sturbridge.gov/sos)



## RECOVERY TREATMENT

- i/o* **Harrington Healthcare System**  
**508-765-2207 | 508-949-8981**  
**harringtonhospital.org**  
 340 Thompson Rd., Webster, MA 01570
  
- i/o* **Spectrum Health Systems/  
New England Recovery Center**  
**1-877-697-3422 | 508-765-5940**  
**spectrumhealthsystems.org**  
 176 Main St., Southbridge, MA 01550  
 154 Oak St., Westborough, MA 01581
  
- o* **Riverside Community Care**  
**1-800-294-4665 | riversidecc.org**  
 176 West St., Milford, MA 01757
  
- o* **Lake Ave Recovery Addiction  
Treatment Center**  
**1-800-345-3552 | lakeavererecovery.com**  
 425 N Lake Ave. Ste. 202, Worcester, MA 01605
  
- o* **AdCare**  
**1-800-Alcohol | adcare.com**  
 107 Lincoln St., Worcester, MA 01605
  
- i/o* **Recovery Centers of America**  
**774-708-9313**  
**recoverycentersofamerica.com**  
 9 Village Rd., Westminster, MA 01473
  
- o* **Motivating Youth Recovery (Teen)**  
**508-860-1244**  
**communityhealthlink.org**  
 26 Queen St., Worcester, MA 01610
  
- i/o* **Washburn House**  
**855-298-3104 | washburnhouse.com**  
 1183 Main St., Worcester, MA 01610

*i* – Inpatient   *o* – Outpatient



## MENTAL HEALTH TREATMENT

- Harrington Healthcare System**  
**508-765-2222**  
**harringtonhospital.org**  
 100 South St., Southbridge, MA 01550
  
- Seven Hills**  
**508-755-2340**  
**sevenhills.org**  
 208 Charlton Rd., Sturbridge, MA 01566
  
- Riverside Emergency Services**  
**508-634-3420 | 1-877-750-3127**
  
- Massachusetts Behavioral Helpline**  
**1-833-773-2445 (Call or Text )**



## ADDITIONAL RESOURCES

- Massachusetts Organization  
for Addiction Recovery (MOAR)**  
**moar-recovery.org**
  
- SAMHSA National Helpline**  
**1-800-662-HELP (4357)**  
**samhsa.gov**
  
- Narcotics Anonymous (NE)**  
**866-624-3578**  
**nera.org**
  
- Alcoholics Anonymous**  
**508-752-9000**  
**aaworcester.org**



## SUICIDE PREVENTION

- 988 Suicide and Crisis Lifeline**  
**Call or text 988**  
**988lifeline.org**
  
- National Suicide Prevention Lifeline**  
**1-800-273-TALK (8255)**
  
- Your Life Your Voice (Teen)**  
**1-800-448-3000**  
**yourlifeyourvoice.org**
  
- The Trevor Project (LGBTQ Youth)**  
**1-866-488-7386**  
**thetrevorproject.org**



## Help is here.

Find these and other resources on the  
Sturbridge Opioid Support web page:

**sturbridge.gov/sos**

Sturbridge Public Safety Complex

**508-347-2525**